

# Quick Quiz:

## Are You Ready for Your State Board Exam?

You've studied long and hard for the state board — but are you really ready for it? Take this third State Board quiz to find out.

- 1** You should always file natural nails:
- From the corner to the center
  - Every day
  - Center to corner

- 2** What is another term for athlete's foot?
- Onychia
  - Ringworm/ Tinea Pedis
  - There is no other term.

- 3** This bone is found in the forearm and on the same side as the thumb:
- Ulna
  - Femur
  - Radius

- 4** Hyponychium refers to:
- Excess cuticle growth
  - Nail biting
  - Skin under the free edge

- 5** What is the thin membrane located beneath the cuticle?
- Pterygium
  - Hyponychium
  - Onychia

- 6** The Latin term for nails is:
- Onx
  - Onxy
  - Onyx

- 7** What is effleurage?
- Floral nail art
  - A massage technique using a light, stroking movement
  - A term for nail polish that is past its expiration date

- 8** True or false? If a client brings in her own manicure implements from home, there is no need for you to disinfect them before use.
- True
  - False

- 9** The pH range of human skin is between?
- 4.5-5.5
  - 5.5-6.5
  - 3.5-5.5

- 10** Keratin is a type of:
- Polymer
  - Hardening agent
  - Protein

## Answer Key:

1. A
2. B
3. C
4. C
5. A
6. C
7. B
8. B
9. A
10. C

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### Troubleshooter



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